

Seminar on unfulfilled desire *Debt Management*

Saturday, September 24, 2011 at 2:00 p.m.

Oxnard Buddhist Temple Seminar Series (*Free of charge*) **Facing Life's Challenges** ***Practical advice and Buddhist wisdom***

Oxnard Buddhist Temple welcomes you to join us for an eight-part seminar series exploring life's challenges through the First Noble Truth taught by the Buddha: all human beings face difficulties and dissatisfaction in our lives.

Featured Presentation:

Katherine Raley

Ventura County Area Agency on Aging

Health Insurance Counseling and Advocacy (HICAP) Program Manager

- Managing debt related to senior healthcare services
- Avoiding overwhelming debt
- Where to go for advice on managing debt
- Reliable support resources

The seminar will conclude with a discussion of Buddhist perspectives on unfulfilled desire led by Rev. Henry Toryo Adams, Resident Minister of the Oxnard Buddhist Temple.

Tentative Schedule

2:00-2:05 Welcome and introduction by Rev. Adams

2:05-3:05 Presentation by Katherine Raley

3:05-3:15 Break

3:15-3:45 Question and answer panel with Katherine Raley

3:45-4:00 Break

4:00-4:30 Discussion of Buddhist perspectives led by Rev. Adams

For more information, please contact Rev. Henry Toryo Adams at the Oxnard Buddhist Temple
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Ventura County Area Agency on Aging